

Maulana Abul Kalam Azad University of Technology, West Bengal

(Formerly known as West Bengal University of Technology)

Syllabus of B.Sc. in Yoga

Effective from academic session 2023-2024

Model curriculum structure for 4-year B. Sc. in Yoga, MAKAUT WB

Sem	Major (Offline)	Minor (Blended Mode)	Inter Disciplinary (Offline)	Ability Enhancement (Offline)	Skill Enhancement (Online /Sessional)	Common Value added Course (SESSIONAL)	TOTAL CREDITS
I	FYBSY 101- Human Anatomy & Physiology (5) FYBSY 102 & FYBSY 192- Introduction to Indian Philosophy & Yog Abhyasha-I (3+2)	(1 sub x 3 credits) Principles Of Management	Any one from GE baskets Basket A or D (3 credits)	English and Professional Communication	Life Skills & Personality Development (2 credits)	Yoga/ Health & Wellness/ Sports (2 credits)	22
II	FYBSY 201- Yoga Philosophy (5) FYBSY 202 & 292- Yog Abhyasa II (3+2)	(1 sub x 3 credits) Organization Behaviour/Busin ess Ethics & Corporate Governance	Any one from GE baskets Basket B or E (3 credits)	Modern Indian Languages and Literature (2 credits)	IT Skills (2 credits)	Critical Thinking / NSS/ Mental Health/ Environmental Studies (2 credits)	22
III	BSY301- Patanjali Yoga Sutras & Hatha Yoga Pradipika)	(1 sub x 4 credits) Principles of Marketing/Busin ess &	Any one from GE baskets Basket C or F(3 credits)	The Constitution, Human Rights and Law (2	Understanding basics of Cyber Security (2 credits)		21

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	(5) BSY 302 & BSY 392- Advanced Yog Abhyasa – I (3+2)	Sustainability		credits)			
IV	BSY 401- Bhagavad Gita (4) BSY 402- Narada Bhakti Sutras (4) BSY 403& BSY 492- Advanced Yog Abhyasa- II (3+2)	Human resource management /Corporate Social Responsibility (CSR) (4 credits) Sales and distribution management /E-Commerce (4 credits)		Society Culture and Human Behavior (2 credits)			23
V	BSY 501- Diet and Nutrition (5) BSY 502 & BSY 592- Advanced Yog Abhyasa-III (3+2)	Financial management (4 credits) Entrepreneurship (4 credits)			FYBMS 581 Internship (4 credits)		22

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VI	<p>BSY 601- Basics of Psychology (4)</p> <p>BSY 602- Yoga Philosophy and Health (5)</p> <p>BSY 603 & BSY 693- Special Techniques Of Meditation (3+2)</p>	<p>Customer relationship management (4 credits)</p> <p>Career planning and management/Man- aging Workplace Diversity (4 credits)</p>				22
VII	<p>BSY 701- Research Methodology (5)</p> <p>BSY 702- Common Ailments - I (5)</p> <p>BSY 703 & BSY 793- Yoga Therapy-I (2+2)</p>	<p>Consumer behaviour / Exploring Business Opportunity (4 credits)</p> <p>Strategic management/ Intellectual Property Rights (4 credits)</p>				22
	<p>BSY 801- Other Systems of Healing (5)</p>					22

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VIII	BSY 802 & BSY892- Common Ailments -II & YogaTherapy-II (4+1)				FYBMS 881R Research project 12 credits FYBMS 881H Capstone Project/Industry Project/Internship (Credits 12) applicable for students opting for Honours without Research Track)		
	19 sub - 91 credits	11 sub – 42 credits	3 sub – 09 credits	4 sub – 08 credits	3 sub & Int & Proj - 22 credits	2 sub – 4 credits	176

Note: The MINOR courses shall be applicable as per the Common MINOR (Management) of MAKAUT