

Maulana Abul Kalam Azad University of Technology, WB
Syllabus of B. Sc in Behavioural Science & Applied Psychology
(Effective for 2020-2021 Admission Session)
Choice Based Credit System
140 Credit (3-Year UG) MAKAUT Framework
w.e.f 2020-21

3rd Semester

Subject Type	Course Name	Credit Points	Credit Distribution			Mode of Delivery			Proposed Moocs
			Theory	Practical	Tutorial	Offline#	Online	Blended	
CC 5	Personality Studies	6	5	0	1	✓			As per MAKAUT Notification
BBS 301									
CC 6	Clinical Psychology	6	5	0	1	✓			
BBS 302									
CC 7	Social & Organizational Psychology	6	5	0	1	✓			
BBS 303									
GE 3	Students have to select from the GE Basket	6						✓	
SEC 1	Basics of Assessment in Psychology	2	0	2	0	✓			
BSCA 354									
Semester Credits		26							

Only in case offline classes are not possible due to reasons like COVID Pandemic the classes will be in synchronous online mode

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BBS 301-PERSONALITY STUDIES

Credits- 5L+1T

Course Objective: The course is designed to provide theoretical knowledge on basic concepts of personalities, the different approaches to understanding. The learner will be able to remember, understand and apply the taught concepts and methods to understand themselves, their weakness and strength, and learn to evaluate themselves and others in a new light.

Course Outcome:

Sl	Course Outcome (CO)	Mapped Module
CO1	Understanding the basic concept of personality. Develop a comparative understanding of the concepts of temperament and personality.	M1
CO2	List and illustrate the various determinants of personality. Outline the biopsychosocial foundations of personality	M1,M2
CO3	Develop an understanding of psychoanalytic approach to personality (Freudian theory). Classify, explain and critically evaluate topographical theory of mind, structural theory of personality, psychosexual stages of development, defence mechanisms	M2, M3
CO4	Understand, explain and critically evaluate Erikson's psychosocial development theory	M3, M4
CO5	Understand and illustrate trait and type approaches to personality. Classify, explain and critically evaluate Cattell's Trait theory and Eysenck's theory of personality	M4,M5
CO6	Understand, explain and critically evaluate humanistic approaches to personality- Carl Rogers' Humanistic Theory of personality	M5, M6

Syllabus with mapped module:

Module Number	Headline	Total Hours	%age of Questions	Blooms Level	Remarks (if any)
M1	Introduction to personality- definition, basic concept, temperament & personality	4	10	1, 2, 3	N.A.
M2	Determinants of personality, Biopsychosocial foundations of personality	8	12	2,3, 4	N.A.
M3	Psychoanalytic approach to personality (Freudian theory)- Topographical theory, Structural theory of personality, Psychosexual stages of development/ Developmental theory of personality, Defence mechanisms	16	28	2, 3, 4,5	N.A.
M4	Erikson's psychosocial development theory	10	15	2, 3, 4,5	N.A.
M 5	Trait and type approaches to personality- Cattell's Trait theory, Eysenck's theory of personality	12	20	2, 3, 4, 5	N.A.
M 6	Humanistic approaches to personality- Carl Rogers' Humanistic Theory of personality	10	15	2, 3, 4, 5	N.A.
		60	100		
	Tutorials	16			
	Total	76			

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Syllabus

Module 1: Introduction to personality- definition, temperament & personality. What is personality, what is temperament, what is trait? Allport's definition of personality. Historical approach to personality (Hippocrates, Kretschmer, and others)	<i>(Total hours- 4)</i>
Module 2: Elaborative study of Determinants of personality: Biological, psychological, social, emotional, and Biopsychosocial (amalgamation of biological, psychological and social) foundations of personality:	<i>(Total hours- 8)</i>
Module 3: Psychoanalytic approach to personality (Freudian theory)- Topographical theory of mind: Conscious, Preconscious, Unconscious, Structural theory of personality: Id, ego, superego; primary and secondary process, Psychosexual stages of development: Oral, Anal, Phallic, Latency, Genital, and Defence mechanisms.	<i>(Total hours- 16)</i>
Module 4: Psychosocial development of human being with focus on Erikson's psychosocial development theory and developmental stages: Trust vs Mistrust, Autonomy vs Shame/Doubt, Initiative vs Guilt, Industry vs Inferiority, Identity vs Role confusion, Intimacy vs isolation, Generativity vs Stagnation, ego integrity vs Despair.	<i>(Total hours- 10)</i>
Module 5: Theoretical introduction to personality with focus on Trait and Type approaches to personality- Cattell's Trait theory (Source trait, Surface trait, etc.), Eysenck's theory of personality (Specific response, habitual response, trait and type, domains).	<i>(Total hours- 12)</i>
Module 6: Theoretical understanding of Humanistic approaches to personality- Carl Rogers' Humanistic Theory of personality (Experience, ideal self, unconditional positive regard, conditions of worth)	<i>(Total hours- 10)</i>

Reference

- Chauhan, S. S. (2009). *Advanced educational psychology*. Vikas publishing house.
- Hall, C. S., Lindzey, G., & Campbell, J. B. (1957). *Theories of personality* (No. 04; BF698, H3.). New York: Wiley.
- Feist, J., & Feist, G. J. (2006). *Theories of personality* 5th edition

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BBS 302-CLINICAL PSYCHOLOGY

Credits- 5L+1T

Course Objective: The course is designed to provide students a smooth transmission on basic concept of mental illness, distinctions and features associated with important psychological disorders, which will help the learners to procure knowledge in depth in the field of clinical psychology.

Course Outcome:

Sl	Course Outcome (CO)	Mapped Module
CO1	Introduction and understanding of Mental Illness, Comparison and contrasting of the Classificatory Systems of Mental Disorders, Illustration of changes from DSM IV to DSM V	M1
CO2	Understanding and categorizing the signs & symptoms of psychiatric and psychological disorders, Distinguish among Psychotic, Neurotic and Psycho-physiological disorders.	M1,M2
CO3	Build an illustrative understanding of Anxiety Disorder, including elaboration of clinical features, and signs and symptoms of Panic disorder, Phobias, and Generalized anxiety Disorder.	M2, M3
CO4	Elaboration of the clinical features, signs and symptoms of Obsessive-compulsive Spectrum Disorders, and Discuss a composite understanding of clinical features, signs and symptoms of Somatoform Disorder.	M3, M4
CO5	Build an illustrative understanding of the clinical features and signs and symptoms of mood disorder, depressive episode, manic episode, depressive disorder, bipolar affective disorder, persistent depressive disorder, and cyclothymic disorder.	M4,M5
CO6	Elaboration of sign & symptoms and clinical features of Psychotic Disorders, Schizophrenia. Clear understanding of types of Schizophrenia.	M5, M6

Syllabus with mapped module

Module Number	Headline	Total Hours	%age of Questions	Blooms Level	Remarks (if any)
M 1	Introduction to Mental Illness and Classificatory Systems of Mental Disorders, Changes from DSM IV to DSM V	6	10	1, 2, 4	N.A.
M 2	Signs & Symptoms of psychiatric and psychological disorders, Difference among Psychotic, Neurotic and Psycho-physiological disorders.	8	10	2, 4	N.A.
M 3	Overview of Anxiety Disorder, including clinical features, and signs and symptoms of Panic disorder, Phobias, and Generalized anxiety Disorder.	12	25	2, 3, 6	N.A.
M 4	Clinical features, signs and symptoms of Obsessive-compulsive Spectrum Disorders, and clinical features, signs and symptoms of Somatoform Disorder.	10	15	2, 6	N.A.

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M 5	Clinical overview of mood disorder – signs and symptoms and clinical features of depressive episode, manic episode, depressive disorder, bipolar affective disorder, persistent depressive disorder, and cyclothymic disorder.	14	25	3, 6	N.A.
M 6	Sign & Symptoms and clinical features of Psychotic Disorders, Schizophrenia. Types of Schizophrenia.	10	15	2, 6	N.A.
		60	100		
	Tutorials	16			
	Total	76			

Syllabus:

Module 1- Introduction to Mental Illness, criteria and understanding of normality and abnormality, Classificatory Systems of Mental Disorders (Diagnostic and Statistical Manual of Mental Disorders and International Classification of Diseases (The Classification of Mental and Behavioural Disorders)), A detailed understanding of the changes of the clinical features described in DSM V from DSM IV (Total hours- 6)
Module 2- A detailed understanding of the Signs and Symptoms of psychiatric and psychological disorders, Elaborate on the clinical differences among Psychotic, Neurotic and Psycho-physiological disorders. (Total hours- 8)
Module 3- Overview of Anxiety Disorder, including clinical features, and signs and symptoms of Panic disorder, Phobias, and Generalized Anxiety Disorder – behavioural, cognitive, affective and somatic symptoms. (Total hours- 12)
Module 4- A detailed understanding of the clinical features, signs and symptoms of Obsessive-Compulsive Spectrum Disorders [OCD (Obsession of dirt and contamination, pathological doubt, religious and sexual obsession, need for symmetry, perfectionism, and their corresponding compulsion) clinical features, signs and symptoms of Somatoform Disorder. (Total hours- 10)
Module 5- Clinical overview of mood disorder – signs and symptoms and clinical features of depressive episode, manic episode, depressive disorder, bipolar affective disorder (Bipolar I and Bipolar II), persistent depressive disorder, and cyclothymic disorder. (Total hours- 14)
Module 6- Sign & Symptoms and clinical features of Psychotic Disorders, Schizophrenia. Types of Schizophrenia (Paranoid Schizophrenia, Disorganised/Hebephrenic Schizophrenia, Catatonic Schizophrenia, Undifferentiated Schizophrenia, Residual Schizophrenia), Positive and Negative Symptoms of Schizophrenia. (Total hours- 10)

Reference:

- Sarason, I. G., & Sarason, B. R. (1987). *Abnormal psychology: The problem of maladaptive behavior*. Prentice-Hall, Inc.
- Butcher, J. N., Mineka, S., & Hooley, J. M. (2017). *Abnormal psychology*. Pearson Education India.
- Sadock, B. J. (2007). Kaplan & Sadock's synopsis of psychiatry: behavioral sciences/clinical psychiatry.
- Comer, R. J. (2010). *Abnormal psychology*. Macmillan.

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BBS 303- SOCIAL & ORGANIZATIONAL PSYCHOLOGY

Credits- 5L +1T

Course Objective: The course is designed to provide a working knowledge on basic concepts of Social psychology, organizational psychology and their utility that will help them develop a better understanding of themselves and their strengths and weaknesses, in society and organization. The learner will be able to remember, understand and apply the taught concepts and methods in future work endeavors related to social welfare and organizational management.

Course Outcome:

SI	Course Outcome (CO)	Mapped Module
CO1	Understanding the basic concept of Social Psychology, perspectives, definitions, nature of Social Psychology, methods of Social Psychology	M1
CO2	Explanation of the concepts of Group & Leadership, Define, Classify and Compare Groups: Organised vs Disorganised, Conformity and Compliance.	M1,M2
CO3	Leadership: Definition, Classification, Function, Theories & Styles. Explanation of the relationship of Leadership and Morale.	M2, M3
CO4	Understanding and comparison of the concepts of Attitude, Prejudice, Discrimination, Stereotype, along with Definition, Formation of Attitude. Theories, Measurement, Change of Attitude. Concept and Origin or Prejudice and Stereotype, Reduction of prejudice	M3, M4
CO5	Understanding and comparison of the concepts of Crowd and Mob, as well as that of Public opinion, Rumour, Propaganda. Elaborating on the Role of Media. Relationship between Mob Behaviour, Public Opinion & Media. Aggression, Attraction, Altruism, Concepts and Social Application	M4,M5
CO6	Understanding the basic concept and scope of Organizational Behaviour, Outline the Fundamental Theories of OB & management	M5, M6

Syllabus with mapped module:

Module Number	Headline	Total Hours	%age of Questions	Blooms Level	Remarks (if any)
M1	Introduction to Social Psychology, Cross-cultural Perspectives, Definition and Nature of Social Psychology. Methods of Social Psychology	6	8	1, 2	N.A.
M2	Group & Leadership, Definition and Classification of Groups: Organised vs Disorganised, Conformity and Compliance.	12	20	1, 2, 4	N.A.
M3	Leadership and Morale. Leadership: Definition, Classification and Function. Theories & Styles of Leadership	8	12	1, 2, 3, 4,5, 6	N.A.
M4	Attitude, Prejudice, Discrimination, Stereotype Definition, Formation of Attitude. Theories, Measurement, Change of Attitude. Concept and Origin or Prejudice and Stereotype, Reduction of prejudice	14	25	1, 2, 4, 6	N.A.

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M5	Crowd and Mob. Mob Behaviour, Public Opinion & Media, Public opinion, Rumour, Propaganda, Role of Media, Aggression, Attraction, Altruism, Concepts and Social Application	12	20	2, 3, 4, 6	N.A.
M6	Introduction, Scope of Organizational Behaviour, Fundamental Theories of Organizational Behaviour & management.	8	15	2, 6	N.A.
		60	100		
	Tutorials	16			
	Total	76			

Syllabus:

Module 1- Introduction to Social Psychology, Cross-cultural Perspectives, Definition and Nature of Social Psychology. Methods of Social Psychology (Experiment, Observation, Survey, Interview) (Total hours- 6)
Module 2- Detailed overview and understanding of Group & Leadership, Definition and Classification of Groups: Organised versus Disorganised (Primary and secondary, inclusive and exclusive, in-group and out-group, formal and informal), function of group/s, complete understanding of Conformity and Compliance – purpose, strategies, application. (Total hours- 12)
Module 3- Leadership and Morale. Leadership: Definition, Classification and Functions. Chronological understanding of the Theories (Trait, Situational, Behavioural) and also an elaborate discussion of the styles of Leadership (Task oriented, Relationship oriented, Behavioural, ad Situational styles of Leadership: Classifications (Fiedler’s contingency model, Blake-Mouton Managerial Grid theory), and functions (Administrative, Executive, Scapegoat, etc) (Total hours- 8)
Module 4- Attitude, Prejudice, Discrimination, Stereotype Definition, Formation and Components of Attitude. Theories, Measurement (Social distance scale, Thurstone and Likert Scale), Change of Attitude. Concept and Origin or Prejudice and Stereotype, Reduction of prejudice. Relationship among attitude, discrimination, prejudice and stereotype. (Total hours- 14)
Module 5- Crowd and Mob. Mob Behaviour (difference between active mob and passive mob, concept of audience in relation to crowd and mob), Public Opinion & Media (Methods of development of public opinion). A detailed understanding and elaboration of Public opinion, Rumour, Propaganda, Role of Media. Relationship among public opinion, rumour and propaganda, Features and theories of Aggression, Attraction, Altruism, Concepts and their Social Application. (Total hours- 12)
Module 6- Introduction, Scope of Organizational Behaviour, Fundamental Theories of Organizational Behaviour & management (Scientific management theory, Administrative Managements Theory Bureaucratic management theory, Human Relations Theory, Systems Management Theory – Frederick Taylor Scientific Management theory, Henry Fayol Fourteen management Principles, Max Weber Bureaucratic theory of Management, Elton Mayo Behavioural theory of Management (Hawthorne Studies)) (Total hours- 8)

Reference

- Fred, L. (2011). *Organizational behavior: an evidence-based approach*.
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2006). *Social psychology*. New Jersey: Pearson Prentice Hall.
- Baron, R. A., Byrne, D., & Branscombe, N. R. (2006). *Social psychology*, 11/E. Aufl, Boston.
- Kuppaswamy, B. (1961). *An introduction to social psychology*. Asia publishing house.
- Myers, D. G., & Smith, S. M. (2012). *Exploring social psychology*. New York: McGraw-Hill.
- Prasad, L. M. (2020). *Principles and practice of management*. Sultan Chand & Sons.

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BBS 354- Basics of Assessment in Psychology

Credits- 2P

Course Objective: The course is designed to provide a working knowledge on basic assessment tools of intelligence and personality that will help them develop a better understanding of themselves and their strengths and weaknesses. The learner will be able to remember, understand and apply the taught concepts and methods in future work endeavors related to job analysis, personnel selection, career counseling and personality development.

Course Outcome:

Sl	Course Outcome (CO)	Mapped Module
CO1	Be able to understand and remember the basic concepts related to assessment in Psychology including its types, methods, purpose, tools, application	M1
CO2	Be able to remember & understand the basic concept of intelligence & it's testing. Learn how to administer, score and interpret a standardized IQ test.	M1,M2
CO3	Be able to remember & understand the basic concept of personality & it's testing. Learn how to administer, score and interpret a standardized personality test.	M2,M3

Syllabus with mapped module:

Module Number	Headline	Total Hours	%age of Questions	Blooms Level	Remarks (if any)
Module 1	Introduction to Assessment in Psychology- types, methods, purpose, tools, application	4	20	1, 2, 3	N.A.
Module 2	Introduction to intelligence & intelligence testing followed by administration, scoring & interpretation of Standard Progressive Matrices by Ravens/Cattell's Culture Fair Test	12	40	1, 2, 3	N.A.
Module 3	Introduction to personality & personality testing followed by administration, scoring & interpretation of Eysenck Personality Questionnaire (EPQ)	12	40	1, 2, 3	N.A.
		28	100		

Syllabus

Module 1: Introduction to Assessment in Psychology- types (Intelligence, personality, interest, creativity, psychopathology: anxiety, depression, suicidal intention, anger,etc), methods (questionnaire, verbal test, batteries, performance batteries, expressive techniques), purpose (clinical and non-clinical), tools (paper pencil, ink blots, picture cards), application (clinical and non-clinical). <p style="text-align: right;">(Total hours- 4)</p>
Practicum: Module 2: Understanding of intelligence & intelligence testing followed by administration, scoring & interpretation of Standard Progressive Matrices by JC Raven/Cattell's Culture Fair Test. <p style="text-align: right;">(Total hours- 12)</p>
Practicum: Module 3: Understanding of personality & personality testing followed by administration, scoring & interpretation of Eysenck Personality Questionnaire (EPQ) <p style="text-align: right;">(Total hours- 12)</p>

Reference

- Singh, A. K. (1986). *Tests, measurements and research methods in behavioural sciences*. Tata McGraw-Hill.
- Mangal, S. K. (2007). *Essentials of educational psychology*. PHI Learning Pvt. Ltd.