Maulana Abul Kalam Azad University of Technology, West Bengal

(Formerly West Bengal University of Technology)
Syllabus for M. Sc. Clinical Psychology
(Effective for Academic Session 2018-2019)

Semester-III

Theory:

MCP-301: Advanced Psychopathology

• Unit-1: Personality Disorders – 10hrs

Clusters of PD, Differential Diagnosis, Aetiology, Theories of PD

Unit-2: Sexual Disorders – 10hrs

Disorders of Desire, Disorders of Excitement, Disorders of Orgasm and Disorders of Sexual Pain –Symptoms & Aetiology

Unit-3: Anxiety & Psychosomatic Disorders – 10hrs

Generalized Anxiety Disorder, Phobia, Panic Disorder, Obsessive Compulsive Disorder, Acute Stress Reaction and Post Traumatic Stress Disorder, Dissociative disorders- Symptoms & Aetiology

• Unit-4: Psychopathology of Psychotic Disorders – 10hrs

Classification, etiology and intervention of Mood Disorders, Schizophrenia Delusional Disorder, Brief Psychotic Episode, Post Partum Psychosis)- Symptoms & Aetiology

MCP-302: Childhood & Developmental Disorders

- Unit-1: Mental Retardation & Pervasive Mental Disorders 14hrs
 (History, Nomenclature and Classification of Mental Retardation, Concept of PDD. Autism, Asperger's Syndrome, Rett's Disorder and Chilhood Disintegrative Disorder.
- Unit-2: Learning Disorder & Externalized Disorders 12hrs
 SLD, Attention Deficit Hyperactivity Disorder;
 Disruptive Behaviour Disorder: Conduct Disorder, Oppositional Defiant Disorder
- Unit-3: Eating & Elimination Disorders 14hrs
 Pica, Rumination Disorder, Anorexia Nervosa, Bulimia Nervosa, Enuresis, Encopresis

MCP-303: Psychotherapy & Counseling 1

- Unit-1: Basics of Therapy & Counseling Skills & Functions of Psychotherapist 10hrs
- Unit-2: Diff Schools of Therapy, CBT, Psychodynamic, Humanistic 20hrs
- Unit-3: Counseling & Ethics 10hrs

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MCP-304 Psychotherapy Processes

- Unit 1: Introduction to Psychotherapies, Importance and limitations -10 hrs
- Unit 2:Behaviour and Cognitive Behaviour Therapies: Techniques, Stages, Effectiveness, Limitations, Indications and Contraindications-16 hrs
- Unit 3: Therapies: Acceptance and Commitment Therapy,, Mindfulness Based Cognitive Therapy, Rational Emotive Behaviour Therapy -14 hrs

MCP-305 Clinical Assessment and Intervention

- Unit 1: Anxiety disorders- assessment using psychometric tools, Assessment and Management for anxiety disorders, using different approaches to treatment (CBT/BT, IPT)-10 hrs
- Unit 2: Mood disorders (Depression and bipolar affective disorder)- Assessment and Management for mood disorders (CBT/BT, IPT, Family and couple therapy)-16 hrs
- Unit 3:Schizophrenia related disorders- symptoms assessment, management plan and rehabilitation-14 hrs

Practical:

MCP-391. Clinical Assessment (Case History Taking & Psychometric Evaluation) on Out-door Clients

Observation and clinical symptoms rating scale application.