# **BACHELOR OF SCIENCE**

IN

# PSYCHOLOGY

# Draft Curriculum and Syllabus

# (Applicable from the Academic Session 2021-22)



Maulana Abul Kalam Azad University of Technology, West Bengal (Formerly West Bengal University of Technology) Haringhata — 741249, Nadia, West Bengal, India

VER 1.0



# SEMESTER WISE SYLLABUS

SI	Course	Туре	Course Title	Course Hours/Cre		/Cre	dit	
No.	Code			Туре	L	Т	Ρ	C
THE	THEORY							
1	BSCPY-	Theory	Introduction to Psychology	CC-1	4			4
	101							
2	BSCPY-	Theory	Biological Psychology	CC-2	4			4
	102							
PRA	CTICAL							
3	BSCPY-	Practical	Practical on Reaction Time,	CC-1			4	2
	191		Attention & Emotional					
			Expression					
4	BSCPY-	Practical	Project Based Practical on	CC-2			4	2
	192		Memory Functioning Including					
			Bedside Tests					
THE	ORY							
5	BSCPY-	Theory	Choose from Basket 1 of	GEC-1	5	1		6
	103		Humanities and Human Skills					
6	BSCPY-	Theory	Communicative English	AECC-1	2			2
	104							
			Total					20

# <u>Semester I</u>



COURSE TITLE: INTRODUCTION TO PSYCHOLOGY - CC1-T L-T-P: 4-0-0 (4 CREDITS)

#### Course Code: BSCPY 101

#### Course outcomes (CO)

At the end of the course, the students will be able to:

CO	Course Outcomes	Bloom's	Assessment
No.		Level	technique
CO-1	Define Psychology and basic concepts of	Lı	Assessment
	Emotion, Motivation, and Intelligence		through MCQ
			questions
CO-2	<b>Explain</b> the nature of Psychology and its basic	L2	Assessment
	principles		through LAQ
CO-3	Use the principles to explain human behaviour	L3, L2	Assessment
			through Poster
			Making
CO-4	Compare and Contrast the different	L4	Assessment
	perspectives to make a coherent sense of		through Poster
	behavior		making

### **Course Details**

- 1. **MODULE I:** Meaning, nature, and scope of Psychology; Psychology as a science.
- 2. **MODULE II:** Schools of Psychology (Structuralism, Functionalism, Psychoanalytic, Behavioral, Humanistic), Branches (Pure and Applied), and Methods (Experimental and Non-experimental, Observational, Introspection) of Psychology.
- 3. **MODULE III:** Meaning, nature, concept, and theories of
  - a. Emotion (James Lange, Canon Bard, Schachter Singer, Lazarus, Multilevel)
  - b. Motivation (McClelland, Maslow, Rogers, Murray)
  - c. Intelligence (Spearman, Guildford, Thurstone, Sternberg, Thorndike, Cattell)
- 4. **MODULE IV:** Psychology in relation to other fields (Neuroscience, Sociology, Anthropology, Genetics)

Suggested Reading

- Baron, R. & Misra. G. (2013). Psychology. Pearson.
- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- Ciccarelli, S. K., & Meyer, G. E. (2010). Psychology: South Asian Edition. New Delhi: Pearson Education.
- Passer, M.W. & Smith, R.E. (2010). Psychology: The science of mind and behaviour. New Delhi: Tata McGraw-Hill.



# COURSE TITLE: BIOLOGICAL PSYCHOLOGY – CC2-T L-T-P: 4-0-0 (4 CREDITS)

#### Course Code: BSCPY 102

#### Course Outcomes (CO)

At the end of the course, the students would be able to:

CO	Course Outcomes	Bloom's	Assessment
No.		Level	technique
CO-1	Explain the basic structures and functions of the	L2	Assessment
	Nervous system		through Poster
			Making
CO-2	Interpret the brain functions in light of different	L <sub>3</sub>	Assessment
	human abilities		through classroom
			Powerpoint
			Presentations
CO-3	Identify which area of the nervous system is	L2	Assessment
	responsible of major human functions		through Poster
			making

### Course Details

- MODULE I: Basic unit of the nervous system: Neuron (Structure, function, nerve impulse conduction within neuron and between neuron); Neurotransmitters
- MODULE II: Structure and function of the Central Nervous System (Brain and Spinal Cord)
- MODULE III: Structure and function of the Peripheral Nervous System (Somatic Nervous System, Autonomic Nervous System)
- > **MODULE IV:** Biological correlates of Emotion, Learning, and Memory

Suggested Readings

- Breedlove, S. M., Rosenzweig, M. R., & Watson, N. V. (2007) Biological Psychology: An introduction to behavioral, cognitive, and clinical neuroscience, 5th Edition. Sinauer Associates, Inc., Sunderland, Massachusetts.
- Carlson, N. R. (2009) Foundations of Physiological Psychology, 6th Edition. Pearson Education, New Delhi.
- > Levinthal, C. F. (1983). Introduction to Physiological Psychology. New Delhi: PHI.
- > Pinel, J. P. J. (2011) Biopsychology, 8th Edition. Pearson Education, New Delhi.
- Rozenweig, M. H. (1989). Physiological Psychology. New York: Random



# COURSE TITLE: COMMUNICATIVE ENGLISH – AECC1-T L-T-P: 2-0-0 (2 CREDITS)

#### Course Code: BSCPY 104

#### Course outcomes (CO)

At the end of the course, the students will be able to:

CO	Course Outcomes	Bloom's	Assessment
No.		Level	technique
CO-1	Demonstrate the basic concepts of the usage of	L2	Assessment
	English grammar & vocabulary in communication.		through MCQ
			questions
CO-2	List facts and ideas by organizing, comparing,	Lı	Assessment
	translating, interpreting, giving descriptions, and		through MCQ
	stating the main ideas given in written texts.		questions
CO-3	Apply acquired linguistic knowledge in producing	L <sub>3</sub>	Assessment
	various types of written texts.		through LAQ
CO-4	Develop and demonstrate the speaking skills for	L6	Assessment
	group discussions.		through GD
			sessions

### Course Details:

- MODULE I: GRAMMAR- Correction of sentence, Vocabulary/word formation, Single word for a group of words, Fill in the blank, transformation of sentences, Structure of sentences – Active / Passive Voice – Direct / Indirect Narration.
- MODULE II: ESSAY WRITING- Essay Writing Descriptive Comparative Argumentative – Thesis statement- Structure of opening / concluding paragraphs – Body of the essay.
- MODULE III: COMPREHENSION- Reading Comprehension; Global Contextual Inferential–Select passages from recommended text.
- MODULE IV: BUSINESS CORRESPONDENCE- Letter Writing Formal, Drafting Biodata- Resume'- Curriculum Vitae, Report Writing.
- MODULE V: COMMUNICATION SKILLS- Public Speaking skills, Features of effective speech, Verbal & Non-verbal communication, Group Discussion.



# Suggested Readings

- S R Inthira & V Saraswathi, Enrich your English a) Communication skills b) Academic skills, CIEFL & OUP
- R.C. Sharma and K. Mohan Business Correspondence and Report Writing Tata McGraw Hill, New Delhi, 1994
- Maxwell Nurnberg and Rosenblum Morris, All About Words- A Text Book for English for Engineers &, Technologists General Book Depot, New Delhi, 1995

# PRACTICAL 1 - CC1-P L-T-P: 0-0-4 (2 CREDITS)

**COURSE TITLE:** PRACTICAL ON REACTION TIME, ATTENTION & EMOTIONAL EXPRESSION

# Course Code: BSCPY 191

- 1. Practical on measuring reaction time using Reaction Timer
- 2. Practical on measuring fluctuation & oscillation of attention through Response Recorder
- 3. Practical on determination of the effect of different task performing attentive states on emotional expressions through Pneumograph

# PRACTICAL 2 – CC2-P L-T-P: 0-0-4 (2 CREDITS)

# **COURSE TITLE:** PROJECT BASED PRACTICAL ON MEMORY FUNCTIONING INCLUDING BEDSIDE TESTS

### Course Code: BSCPY 192

- 1. Practical on memory and forgetting through the use of non-sense syllables
- 2. Practical on assessing recent, remote, and immediate memory through bedside tests like MoCA, MMSE, PGI-MS



SI	Course	Туре	Course Title	Course Hours/C		/Cre	dit	
No.	Code			Туре	L	Т	Ρ	C
THE	ORY				•		•	
1	BSCPY-	Theory	Introduction to Statistical	CC-3	4			4
	201		Methods for Psychological					
			Research					
2	BSCPY-	Theory	Psychology of Individual	CC-4	4			4
	202		Differences					
PRA	CTICAL							
3	BSCPY-	Practical	Practical on statistical	CC-3			4	2
	291		methods including usage of					
			Excel					
4	BSCPY-	Practical	Practical on assessing	CC-4			4	2
	292		intelligence and Personality					
THE	ORY							
5	BSCPY-	Theory	Choose from Basket 2 of	GEC-2	5	1		6
	203		Creative and Performing Arts					
6	BSCPY-	Theory	Ecology: Ecosystem Dynamics	AECC-2	2			2
	204		and Conservation					
7	BSCPY-	Theory	Basic Computer Programming	SEC-1	2			2
	205		and Introduction to Python					
		1	Total			2	22	

# <u>Semester II</u>



Course Title: INTRODUCTION TO STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH – CC<sub>3</sub>-T L-T-P: 4-0-0 (4 CREDITS)

#### Course Code: BSCPY 201

#### Course Outcomes (CO)

By the end of the course, the students would be able to:

СО	Course Outcomes	Bloom's	Assessment
No.		Level	technique
CO-1	Define and Describe the basic concepts of	L1, L2	Assessment through
	different types of statistical measures		MCQ and SAQ
			questions
CO-2	Implement appropriate statistical measures to	L <sub>3</sub>	Assessment through
	assess centrality of variables		data analysis
CO-3	Compare and Contrast the effectiveness of	L4	Assessment through
	parametric and non-parametric statistics		Poster Making
CO-4	Report data in a graphical format	L2	Assessment through
			Presentation in the
			class

### Course Details

- MODULE I: Concept of statistics; types of statistics; methods of representation of data (bar graph, pie graph, histogram, scatterplot)
- MODULE II: Concept, uses, and measures of Central Tendency (Mean, Median, Mode) and Variability (Range, Average Deviation, Standard Deviation, Quartile Deviation)
- MODULE III: Normal Probability Curve: Concept, applications. Concept of tails, skewness and kurtosis
- MODULE IV: Concept of parametric and non-parametric statistics; hypotheses testing steps and utility.

Suggested Readings

- Aron, A., Aron, E.N., & Coups, E.J. (2007). Statistics for Psychology. (4thEd.) India: Pearson Education, Prentice Hall.
- Chadha, N.K. (1991) Statistics for Behavioral and Social Sciences. Reliance Pub. House: New Delhi.
- Coolican, H. (2006). Introduction to Research Methodology in Psychology. London: Hodder Arnold.
- Howell, D. (2009) Statistical methods for Psychology. King, B.M. & Minium, E.W, (2007). Statistical Reasoning in the behavioral Sciences USA: John Wiley & Sons.



Mangal, S.K. (2012). Statistics in Psychology & Education. 2nd Edition. New Delhi: PHI learning Pvt. Ltd

### Course Title: PSYCHOLOGY OF INDIVIDUAL DIFFERENCES – CC4-T L-T-P: 4-0-0 (4 CREDITS)

### Course Code: BSCPY 202

# Course Outcomes (CO)

At the end of the course, the students would be able to:

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	<b>Define and Explain</b> Personality and its multifaceted nature	L1, L2	Assessment through MCQ and SAQ questions
CO-2	<b>Interpret</b> human behavior to understand the self in light of eastern and western principles	L <sub>3</sub>	Assessment through Poster Building
CO-3	<b>Use</b> the principles to explain human behaviors in corporate, clinical, or school sector	L3, L2	Assessment through using scales in the field
CO-4	<b>Compare and Contrast</b> the different perspectives to make a coherent sense of behavior	L4	Assessment through Movie Analysis

### Course Details

- 1. **MODULE I:** Meaning, origin, and nature of personality; historical perspectives (western & eastern), temperament and character; Culture, gender, and personality
- 2. **MODULE II:** Major determinants of personality; nature versus nurture debate. Self and identity in Indian Thought.
- 3. MODULE III: Major perspectives on Personality: Freud, Eysenck, Bandura
- 4. **MODULE IV:** Individual differences in personality expression: body language and behavioral styles

# Suggested Readings

- Cornelissen, R.M.M., Misra, G. & Varma, S. (2011). Foundations of Indian Psychology, Vol 1. Pearson.
- Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.
- > Theories of Personality, 8<sup>th</sup> edition, by Feist & Feist, *McGraw Hill*
- Morris, Desmond. (2002) Peoplewatching, Vintage.



# Course Title: ECOLOGY: ECOSYSTEM DYNAMICS AND CONSERVATION – AECC2-T L-T-P: 2-0-0 (2 CREDITS)

### Course Code: BSCPY 204

# Course Outcomes (CO)

CO No.	Course Outcomes	Bloom's Level	Assessment technique
CO-1	<b>Understand</b> and evaluate the global scale of environmental problems.	L1	Assessment through MCQ and SAQ questions
CO-2	<b>Inspect</b> critically on their roles, responsibilities, and identities as citizens, consumers and environmental actors in a complex, interconnected world	L4	Assessment through MCQ and SAQ questions
CO-3	<b>Apply</b> critical thinking, problem-solving, and the methodological approaches of the social sciences, natural sciences, and humanities in environmental problem solving.	L <sub>3</sub>	Assessment through using scales in the field

At the end of the course, the students would be able to:

# Course Details:

- Module I: Introduction to environmental studies & ecosystems: Multidisciplinary nature of environmental studies: Scope and importance; what is an ecosystem? The structure and function of ecosystem, Energy flow in an ecosystem, food chains, food webs and ecological succession, forest ecosystem, grassland ecosystem, desert ecosystem, aquatic ecosystems.
- Module II: Natural resources & its management and conservation: Land resources and land use change: Land degradation, soil erosion and desertification; Deforestation: Causes and impacts, forests, biodiversity and tribal populations; Water: Use and over-exploitation of surface and ground water. Energy resources: Renewable and non-renewable energy sources, use of alternate energy sources and growing energy needs.
- Module III: Environmental pollution & management: Environmental pollution: types, causes, effects and controls; Air, water, soil and noise pollution, Solid waste management: Control measures of urban and industrial waste. Climate change, global warming, Environment Laws: Environment Protection. Act, Air



(Prevention & Control of Pollution) Act, Water (Prevention and control of pollution) Act, Wildlife Protection Act, Forest Conservation Act; International agreements: Montreal and Kyoto protocols and Convention on Biological Diversity (CBD).

Module IV: Environment & social issues: Human population growth: Impacts on environment, human health and welfare; Resettlement and rehabilitation of project affected persons; case studies; Disaster management: floods, earthquake, cyclones and landslides; Environmental ethics: environmental conservation; environmental communication and public awareness.

Suggested Readings:

- Carson, R. Silent Spring. Houghton Mifflin Harcourt, 2002.
- Gadgil, M., & Guha, R. This Fissured Land: An Ecological History of India. Univ. of California Press, 1993.
- Gleeson, B. and Low, N. (eds.). Global Ethics and Environment, London, Routledge, 1999.
- Gleick, P. H. Water in Crisis. Pacific Institute for Studies in Dev., Environment Security. Stockholm Env. Institute, Oxford Univ. Press, 1993.
- Groom, Martha J., Gary K. Meffe, and Carl Ronald Carroll. Principles of Conservation Biology. Sunderland: Sinauer Associates, 2006.

# Course Title: BASIC COMPUTER PROGRAMMING AND INTRODUCTION TO PYTHON – SEC1-T L-T-P: 2-0-0 (2 CREDITS)

### Course Code: BSCPY 205

### Course Outcomes (CO)

At the end of the course, the students would be able to:

CO	Course Outcomes	Bloom's	Assessment
No.		Level	technique
CO-1	Understand the principles of Python and	Lı	Assessment
	acquire skills in programming in python.		through MCQ and
			SAQ questions
CO-2	Interpret the fundamental Python syntax	L2	Assessment
	and semantics and be fluent in the use of		through MCQ and
	control flow statements.		SAQ questions
CO-3	Implement Python programs with	L <sub>3</sub>	Mcq test



	conditionals and loops.		
CO-4	Represent compound data using Python	L4	Mcq test
	lists, tuples, dictionaries, Files and modules		

### Course Details:

- Module I: Basic concepts: Fundamentals of Python Getting Started: Running Code in the Interactive Shell, Input, Processing and Output, Editing, Saving and Running a Script, Working of Python.
- Module II: Variables, Expressions and Statements: Values and Data Types, Variables, Keywords, String Literals, Escape Sequences, Operators and Operands, Expressions and Statements, Interactive mode and Script mode, Order of Operations, Comments.
- Module III: Python Operators and Operands: Arithmetic, Relational Operators and Comparison Operators -- Python Assignment Operators Short hand Assignment Operators -- Logical Operators or Bitwise Operators Membership Operators -- Identity Operators Operator precedence --Evaluating Expressions
- Module IV: String Handling: String operations and indices Basic String Operations --String Functions, Methods -- Delete a string -- String Multiplication and concatenation --Python Keywords, Identifiers and Literals -- String Formatting Operator -- Structuring with indentation in Python -- Built-in String Methods-- Accessing Values in Strings -- Various String Operators -- Python String replace() Method -- Changing upper and lower case strings -- Using "join" function for the string -- Reversing String -- Split Strings
- Module V: Control Structures: Boolean Expressions Selection Control If Statement- Indentation in Python- Multi-Way Selection – If-Elif statements--Iterative Control- For loop- While Statement- Infinite loops— Break and Continue Statements--Definite vs Indefinite Loops- Boolean Flags and Indefinite Loops.

Suggested Readings:

- Mark Lutz, "Learning Python Powerful Object-Oriented Programming", O'reilly Media 2018, 5th Edition.
- Timothy A. Budd, "Exploring Python", Tata MCGraw Hill Education Private Limited, 1st Edition, 2011.
- Kenneth A. Lambert, The Fundamentals of Python: First Programs, Cengage Learning, 2011.



# PRACTICAL 3 - CC3-P L-T-P: 0-0-4 (2 CREDITS)

# Course Title: PRACTICAL ON STATISTICAL METHODS INCLUDING USAGE OF EXCEL

# Course Code: BSCPY 291

- 1. Practical on using MS Excel to carry out statistical analysis of data
- 2. Practical on Normal Probability Curve

# PRACTICAL 4 - CC4-P L-T-P: 0-0-4 (2 CREDITS)

Course Title: PRACTICAL ON ASSESSING INTELLIGENCE AND PERSONALITY

# Course Code: BSCPY 292

- 1. Practical on assessing intelligence using Raven's Progressive Matrices
- 2. Practical on assessing emotional intelligence
- 3. Practical on assessing personality using Cattell's 16PF and Eysenck's Personality Questionnaire, Junior Eysenck's Personality Questionnaire